

April 2018 Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Bagels w/ Cream Cheese Fruit Cocktail Milk	3 Cinnamon Toast Bananas Milk	4 Blueberry Yogurt (WG) Cheerios Peaches Milk	5 French Toast Sticks w/ Syrup Pineapples Milk	6 (WG) Bran Flakes Apple Slices Milk
9 (WG) English Muffin Pears Milk	10 (WG) Kix Cereal Citrus Salad Milk	11 Waffles w/ Syrup Applesauce Milk	12 (WG) Rice Chex Cereal Tropical Fruit Milk	13 (WG) Pancakes w/ Syrup Pineapples Milk
16 (WG) Bran Flakes Bananas Milk	17 (WG) French Toast Sticks w/ Syrup Fruit Cocktail Milk	18 Biscuits Mandarin Oranges Milk	19 Toast w/ Jelly Peaches Milk	20 Bagels w/ Cream Cheese GS Apple Slices Milk
23 (WG) Pancakes w/ Syrup Mandarin Oranges Milk	24 Biscuits w/ Jelly Applesauce Milk	25 (WG) Kix Cereal Pineapples Milk	26 Breakfast Pizza Pears Milk	27 Waffles Bananas Milk
30 Bagels w/ Cream Cheese Fruit Cocktail Milk				

Food Components	Minimum Serving Sizes: 1-2 years	Minimum Serving Sizes: 3-5 years	Minimum Serving Sizes: 6-12 years
Fluid Milk	4 fluid ounces	6 fluid ounces	8 fluid ounces
Vegetables/Fruits	1/4 cup	1/2 cup	1/2 cup
Grain Cereal	1/2 slice 1/4 cup	1/2 slice 1/4 cup	1 slice 1/2 cup

***Please utilize Breakfast Meal Pattern Sheet posted by menu in kitchen for additional information on serving sizes.**