

June 2018 Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 (WG) Bran Flakes Watermelon Milk
4 (WG) Flatbread w/ Egg Patty Pears Milk	5 (WG) Kix Cereal Citrus Salad Milk	6 Waffles w/ Syrup Applesauce Milk	7 (WG) Rice Chex Cereal Tropical Fruit Milk	8 (WG) Pancakes w/ Syrup Pineapples Milk
11 (WG) Bran Flakes Bananas Milk	12 (WG) French Toast Sticks w/ Syrup	13 Biscuits Mandarin Oranges Milk	14 Toast w/ Jelly Peaches Milk	15 Bagels w/ Cream Cheese GS Apple Slices Milk
18 (WG) Pancakes w/ Syrup Mandarin Oranges Milk	19 Biscuits w/ Jelly Bananas Milk	20 (WG) Kix Cereal Pineapples Milk	21 Breakfast Pizza Pears Milk	22 Waffles w/ Syrup Applesauce Milk
25 Bagels w/ Cream Cheese Fruit Cocktail Milk	26 Cinnamon Toast Bananas Milk	27 Blueberry Yogurt (WG) Cheerios Peaches Milk	28 French Toast Sticks w/ Syrup Pineapples Milk	29 (WG) Bran Flakes Watermelon Milk

Food Components	Minimum Serving Sizes: 1-2 years	Minimum Serving Sizes: 3-5 years	Minimum Serving Sizes: 6-12 years
Fluid Milk	4 fluid ounces	6 fluid ounces	8 fluid ounces
Vegetables/Fruits	1/4 cup	1/2 cup	1/2 cup
Grain	1/2 slice	1/2 slice	1 slice
Cereal	1/4 cup	1/4 cup	1/2 cup

***Please utilize Breakfast Meal Pattern Sheet posted by menu in kitchen for additional information on serving sizes.**