

February 2018 Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Breakfast Pizza Pears Milk	2 Waffles w/ Syrup Bananas Milk
5 Bagels w/ Cream Cheese Fruit Cocktail Milk	6 Cinnamon Toast Bananas Milk	7 Blueberry Yogurt (WG) Cheerios Peaches Milk	8 French Toast Sticks w/ Syrup Pineapples Milk	9 (WG) Bran Flakes Apple Slices Milk
12 (WG) English Muffin Pears Milk	13 (WG) Kix Cereal Citrus Salad Milk	14 Waffles w/ Syrup Applesauce Milk	15 (WG) Rice Chex Cereal Tropical Fruit Milk	16 (WG) Pancakes w/ Syrup Pineapples Milk
19 (WG) Bran Flakes Bananas Milk	20 (WG) French Toast Sticks w/ Syrup Fruit Cocktail Milk	21 Biscuits Mandarin Oranges Milk	22 Toast w/ Jelly Peaches Milk	23 Bagels w/ Cream Cheese GS Apple Slices Milk
26 (WG) Pancakes w/ Syrup Mandarin Oranges Milk	27 Biscuits w/ Jelly Applesauce Milk	28 (WG) Kix Cereal Pineapples Milk		

Food Components	Minimum Serving Sizes: 1-2 years	Minimum Serving Sizes: 3-5 years	Minimum Serving Sizes: 6-12 years
Fluid Milk	4 fluid ounces	6 fluid ounces	8 fluid ounces
Vegetables/Fruits	1/4 cup	1/2 cup	1/2 cup
Grain	1/2 slice	1/2 slice	1 slice
Cereal	1/4 cup	1/4 cup	1/2 cup

***Please utilize Breakfast Meal Pattern Sheet posted by menu in kitchen for additional information on serving sizes.**