

February 2018 Dinner Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Sloppy Joe w/ (WG) Bun Diced Carrots Pears Milk	2 Cheese Pizza w/ (WG) Crust Romaine Salad Mandarin Oranges, Milk
5 Eggs w/ Toast Mixed Veggies Peaches Milk	6 Mac & Cheese Baked Beans Green Beans Apple Slices Milk	7 Meatball & Cheese (WG) Bun Diced Carrots Fruit Cocktail Milk	8 Turkey & Cheese "Lunch-able" Broccoli w/ Ranch Applesauce Milk	9 Pasta & Gravy w/ Chicken Peas Bananas Milk
12 Sloppy Joe w/ (WG) Bun Green Beans Pineapples Milk	13 Fish Filet (WG) Roll Sweet Potatoes Tropical Fruit Milk	14 Hot Ham & S/A Cheese (WG) Sliders, t. Soup Mixed Veggies Peaches, Milk	15 Beef Taco w/ Cheese on (WG) Wrap Cucumbers Pears, Milk	16 Cheese Pizza w/ (WG) Crust Romaine Salad Mandarin Oranges, Milk
19 Pasta & Meatballs w/ Sauce Romaine Salad Applesauce Milk	20 Egg Patty w/ Cheese on (WG) Muffin, Peas Fruit Cocktail Milk	21 Mac & Cheese Baked Beans Steamed Broccoli w/ Cheese Bananas, Milk	22 Chicken Patty on (WG) Bun Corn Apple Slices Milk	23 Turkey & Cheese (WG) Sliders Carrots Sticks w/ Ranch, Tropical Fruit, Milk
26 Fish Filet (WG) Roll Green Beans Applesauce Milk	27 Ham & S/A Cheese (WG) Roll-Up Cucumbers Pineapples, Milk	28 Chicken Nuggets Bread & Butter Corn GS Apple Slices Milk		

Food Component	Minimum Serving Size: 1-2 years	Minimum Serving Size: 3-5 years	Minimum Serving Size: 6-12 years
Fluid Milk	4 fluid ounces	6 fluid ounces	8 fluid ounces
Meat/Meat Alternates	1 ounce	1 1/2 ounces	2 ounces
Vegetables	1/8 cup	1/4 cup	1/2 cup
Fruits	1/8 cup	1/4 cup	1/4 cup
Grains	1/2 slice or 1/4 cup	1/2 slice or 1/4 cup	1 slice or 1/2 cup

***Please utilize Lunch/Supper Meal Pattern Sheet posted by menu in kitchen for additional information on serving sizes.**

