

February 2018 Snack Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Chex Mix Milk	2 Blueberry Yogurt Apple Slices Water
5 Goldfish Milk	6 Pretzel Twists Sunflower Butter Water	7 Graham Crackers Milk	8 Saltine Crackers Cheese Slice Water	9 Cheez-Its Milk
12 Blueberry Yogurt Apple Slices Water	13 Chex Mix Milk	14 Ritz Crackers String Cheese Water	15 Animal Crackers Milk	16 Pretzel Twists Mandarin Oranges Water
19 Graham Crackers Milk	20 Tortilla Chips Salsa 100% Juice	21 Goldfish Milk	22 Saltine Crackers w/ Sunflower Butter Water	23 Cheez-Its Milk
26 Ritz Crackers Cucumbers Water	27 Animal Crackers Milk	28 Pretzel Twists Mandarin Oranges Water		

Food Component	Minimum Serving Size: 1-2 years	Minimum Serving Size: 3-5 years	Minimum Serving Size: 6-12 years
Fluid Milk	4 fluid ounces	6 fluid ounces	8 fluid ounces
Meat/Meat Alternates	See meal pattern posted.	See meal pattern posted.	See meal pattern posted.
Vegetables	1/2 cup	1/2 cup	3/4 cup
Fruits	1/2 cup	1/2 cup	3/4 cup
Grains	1/2 slice or 1/4 cup	1/2 slice or 1/4 cup	1 slice or 1/2 cup

***Please utilize Snack Meal Pattern Sheet posted by menu in kitchen for additional information on serving sizes.**