

April 2018 Snack Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Goldfish Milk	3 Pretzel Twists Sunflower Butter Water	4 Graham Crackers Milk	5 Saltine Crackers Cheese Slice Water	6 Cheez-Its Milk
9 Blueberry Yogurt Apple Slices Water	10 Chex Mix Milk	11 Ritz Crackers String Cheese Water	12 Animal Crackers Milk	13 Pretzel Twists Mandarin Oranges Water
16 Graham Crackers Milk	17 Tortilla Chips Salsa 100% Juice	18 Goldfish Milk	19 Saltine Crackers w/ Sunflower Butter Water	20 Cheez-Its Milk
23 Ritz Crackers Cucumbers Water	24 Animal Crackers Milk	25 Pretzel Twists Mandarin Oranges Water	26 Chex Mix Milk	27 Blueberry Yogurt Apple Slices Water
30 Goldfish Milk				

Food Component	Minimum Serving Size: 1-2 years	Minimum Serving Size: 3-5 years	Minimum Serving Size: 6-12 years
Fluid Milk	4 fluid ounces	6 fluid ounces	8 fluid ounces
Meat/Meat Alternates	See meal pattern posted.	See meal pattern posted.	See meal pattern posted.
Vegetables	1/2 cup	1/2 cup	3/4 cup
Fruits	1/2 cup	1/2 cup	3/4 cup
Grains	1/2 slice or 1/4 cup	1/2 slice or 1/4 cup	1 slice or 1/2 cup

***Please utilize Snack Meal Pattern Sheet posted by menu in kitchen for additional information on serving sizes.**