

August 2018 Snack Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Ritz Crackers String Cheese Water	2 Animal Crackers Milk	3 Pretzel Twists Mandarin Oranges Milk
6 Graham Crackers Milk	7 Tortilla Chips Salsa 100% Juice	8 Goldfish Milk	9 Saltine Crackers w/ Sunflower Butter Water	10 Cheez-Its Milk
13 Ritz Crackers Cucumbers Water	14 Animal Crackers Milk	15 Pretzel Twists Mandarin Oranges water	16 Chex Mix Milk	17 Blueberry Yogurt Apple Slices Water
20 Goldfish Milk	21 Pretzel Twists Sunflower Butter Water	22 Graham Crackers Milk	23 Saltine Crackers Cheese Slice Water	24 Cheez-Its Milk
27 Blueberry Yogurt Apple Slices Water	28 Chex Mix Milk	29 Ritz Crackers String Cheese Water	30 Animal Crackers Milk	31 Pretzel Twists Mandarin Oranges Water

Food Component	Minimum Serving Size: 1-2 years	Minimum Serving Size: 3-5 years	Minimum Serving Size: 6-12 years
Fluid Milk	4 fluid ounces	6 fluid ounces	8 fluid ounces
Meat/Meat Alternates	See meal pattern posted.	See meal pattern posted.	See meal pattern posted.
Vegetables	1/2 cup	1/2 cup	3/4 cup
Fruits	1/2 cup	1/2 cup	3/4 cup
Grains	1/2 slice or 1/4 cup	1/2 slice or 1/4 cup	1 slice or 1/2 cup

***Please utilize Snack Meal Pattern Sheet posted by menu in kitchen for additional information on serving sizes.**