

## February 2018 Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Chicken Patty on (WG) Bun Steamed Broccoli w/ Cheese, Apple Slices, Milk	2 Turkey & Cheese (WG) Sliders Carrot Sticks w/ Ranch, Tropical Fruit, Milk
5 Fish Filet (WG) Roll Green Beans Applesauce Milk	6 Ham & S/A Cheese (WG) Roll-Up Cucumbers Pineapples, Milk	7 Chicken Nuggets Bread & Butter Corn GS Apple Slices Milk	8 Sloppy Joe w/ (WG) Bun Diced Carrots Pears Milk	9 Cheese Pizza w/ (WG) Crust Romaine Salad Mandarin Oranges, Milk
12 Eggs w/ Toast Mixed Veggies Peaches Milk	13 Mac & Cheese Baked Beans Green Beans Apple Slices Milk	14 Meatball & Cheese (WG) Bun Diced Carrots Fruit Cocktail Milk	15 Turkey & Cheese "Lunch-able" Broccoli w/ Ranch Applesauce Milk	16 Pasta & Gravy w/ Chicken Peas Bananas Milk
19 Sloppy Joe w/ (WG) Bun Green Beans Pineapples Milk	20 Fish Filet (WG) Roll Sweet Potatoes Tropical Fruit Milk	21 Hot Ham & S/A Cheese (WG) Sliders, T. Soup Mixed Veggies Peaches, Milk	22 Beef Taco w/ Cheese on (WG) Wrap Cucumbers Pears, Milk	23 Cheese Pizza w/ (WG) Crust Romaine Salad Mandarin Oranges, Milk
26 Pasta & Meatballs w/ Sauce Romaine Salad Applesauce Milk	27 Egg Patty w/ Cheese on (WG) Muffin, Peas Fruit Cocktail Milk	28 Mac & Cheese Baked Beans Corn Bananas Milk		

Food Components	Minimum Serving Sizes: 1-2 years	Minimum Serving Sizes: 3-5 years	Minimum Serving Sizes: 6-12 years
Fluid Milk	4 fluid ounces	6 fluid ounces	8 fluid ounces
Meat/Meat Alternates	1 ounce	1 1/2 ounces	2 ounces
Vegetables	1/8 cup	1/4 cup	1/2 cup
Fruits	1/8 cup	1/4 cup	1/4 cup
Grains	1/2 slice or 1/4 cup	1/2 slice or 1/4 cup	1 slice or 1/2 cup

**\*Please utilize Lunch/Supper Meal Pattern Sheet posted by menu in kitchen for additional information on serving sizes.**