

August 2018 Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Meatball & Cheese (WG) Bun Diced Carrots Fruit Cocktail Milk	2 Turkey & Cheese "Lunch-able" Broccoli w/ Ranch Applesauce Milk	3 Eggs w/ Toast Peas Bananas Milk
6 Sloppy Joe on (WG) Bun Green Beans Pineapples Milk	7 Fish Filet (WG) Roll Sweet Potatoes Tropical Fruit Milk	8 Ham & S/A Cheese (WG) Hoagie Mixed Veggies Peaches, Milk	9 Beef Taco w/ Cheese on (WG) Wrap Cucumbers Pears, Milk	10 Cheese Pizza w/ (WG) Crust Romaine Salad Mandarin Oranges, Milk
13 Pasta & Meatballs w/ Sauce Romaine Salad Applesauce Milk	14 Egg Patty w/ Cheese on (WG) Flatbread Peas, Fruit Cocktail, Milk	15 Mac & Cheese Baked Beans Corn Bananas Milk	16 Chicken Patty on (WG) Bun Steamed Broccoli w/ Cheese, Apple Slices, Milk	17 Turkey & Cheese (WG) Hoagie Carrot Sticks w/ Ranch, Tropical Fruit, Milk
20 Fish Filet (WG) Roll Green Beans Applesauce Milk	21 Ham & S/A Cheese (WG) Roll-Up Cucumbers Pineapples, Milk	22 Chicken Nuggets Bread & Butter Corn GS Apple Slices Milk	23 Sloppy Joe on (WG) Bun Diced Carrots Pears Milk	24 Cheese Pizza w/ (WG) Crust Romaine Salad Mandarin Oranges, Milk
27 Pasta & Gravy w/ Chicken Mixed Veggies Peaches Milk	28 Mac & Cheese Baked Beans Green Beans Apple Slices Milk	29 Meatball & Cheese (WG) Bun Diced Carrots Fruit Cocktail Milk	30 Turkey & Cheese "Lunch-able" Broccoli w/ Ranch Applesauce Milk	31 Eggs w/ Toast Peas Bananas Milk

Food Components	Minimum Serving Sizes: 1-2 years	Minimum Serving Sizes: 3-5 years	Minimum Serving Sizes: 6-12 years
Fluid Milk	4 fluid ounces	6 fluid ounces	8 fluid ounces
Meat/Meat Alternates	1 ounce	1 1/2 ounces	2 ounces
Vegetables	1/8 cup	1/4 cup	1/2 cup
Fruits	1/8 cup	1/4 cup	1/4 cup
Grains	1/2 slice or 1/4 cup	1/2 slice or 1/4 cup	1 slice or 1/2 cup

***Please utilize Lunch/Supper Meal Pattern Sheet posted by menu in kitchen for additional information on serving sizes.**